

SOAR® Study Skills & SOAR® Learning & Soft Skills
Grade-Level Continuum

The following continuum outlines the age-level appropriateness for each of the SOAR® Skills. Use the following key to interpret the continuum:

E= EXPOSURE – By the end of this grade-level, the goal should be for students to simply have exposure to this skill as preparation for guided practice and independence in following years.

P =PRACTICE – By the end of this grade-level, the goal should be for students to have guided practice using these skills.

I=INDEPENDENCE – By the end of this grade-level, most students should be able to execute these skills independently.

	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th
How are you smart? - Multiple Intelligences	E	E	P	P	I	I	I	I	I
Set goals -Time mgmt: Priorities	E	E	P	P	I	I	I	I	I
Set goals -Time mgmt: Setting Goals	P	P	P	I	I	I	I	I	I
Set goals -Time mgmt: Using a Planner	P	P	P	I	I	I	I	I	I
Organize - School Papers	P	P	I	I	I	I	I	I	I
Organize - Space (bookbag, locker, room)	P	P	P	I	I	I	I	I	I
Organize - Time	P	P	P	I	I	I	I	I	I
Ask questions - Speaking & Listening Effectively	E	E	P	P	P	I	I	I	I
Ask questions - Working with Teachers & Peers	E	E	P	P	P	I	I	I	I
Ask questions - Reading Textbooks & Nonfiction	E	E	P	I	I	I	I	I	I
Ask questions -Taking & Studying Notes	P	P	P	P	I	I	I	I	I
Ask questions - Taking Tests	E	E	P	P	I	I	I	I	I
Ask questions - Writing Papers	P	P	P	P	I	I	I	I	I
Ask questions - Giving Presentations	P	P	P	P	I	I	I	I	I
Record your progress - Tracking your grades	E	E	P	I	I	I	I	I	I
Record your progress - Monitoring goals (long-term)	P	P	P	I	I	I	I	I	I
Record your progress - Recognizing your achievements	P	P	P	I	I	I	I	I	I